

**12TH ANNIVERSARY**  
**SAN DIEGO INTERNATIONAL**

**DRAGON  
BOAT  
RACE**



**SEPTEMBER 30 - OCTOBER 1, 2023**  
**MISSION BAY, SAN DIEGO, CA**

# Welcome!

## Welcome to the 12th Annual San Diego International Dragon Boat Race!



Welcome fellow paddlers to the 12<sup>th</sup> Annual San Diego International Dragon Boat Race. We have a fun-filled weekend planned for you! Safety is paramount and I thank you for your cooperation in helping us make this an injury-free, safe weekend for all.

Saturday starts off with a strong field of Corporate Teams showing off their paddling skills after many weeks of practice. I can't wait to see who will take home the bling and have bragging rights for the next 12 months. Club Teams will also be competing on Saturday in the 250m races.

Club Teams' skill and mettle will be challenged on Sunday as well in 500m races. The teams that can blend their skills and paddle as one will prevail and have a chance to take home some hardware. A guts and glory 2000m race will be held towards the end of Sunday for the pure joy of it if time permits.

Our Vendor Village is back to capacity, and the Silent Auction always has interesting surprises. Please wander through the village and stop at the booths to support your sport and our generous donors.

This year is also San Diego Dragon Boat Team's 40<sup>th</sup> anniversary since the Club's inception in 1983. We are one of the longest standing dragon boat clubs in the country. Know that you are a big part of our Club and its success, and we thank you for spending at least part of your weekend with us.

I look forward to welcoming you in person.

We have alignment!

Regards,

Lisa Miner  
President  
San Diego Dragon Boat Team



# Events of the Day

## Saturday, Sept. 30

Registration Desk:	6:30-7:30 am
Captain's Meeting:	7:15 am
Monk Blessing & Eye Dotting Ceremony:	7:30 am
Marshaling For Race #1:	7:45 am
Color Guard & National Anthem:	8:00 am
Race #1:	8:15 am
Silent Auction:	8:00 am-3:00 pm
Vendor Village:	8:00 am-4:30 pm
Lunch Break:	12:00-12:20 pm
Afternoon Races Resume:	12:30 pm
Awards Ceremony:	4:15 pm

*\* Note that times may fluctuate slightly*



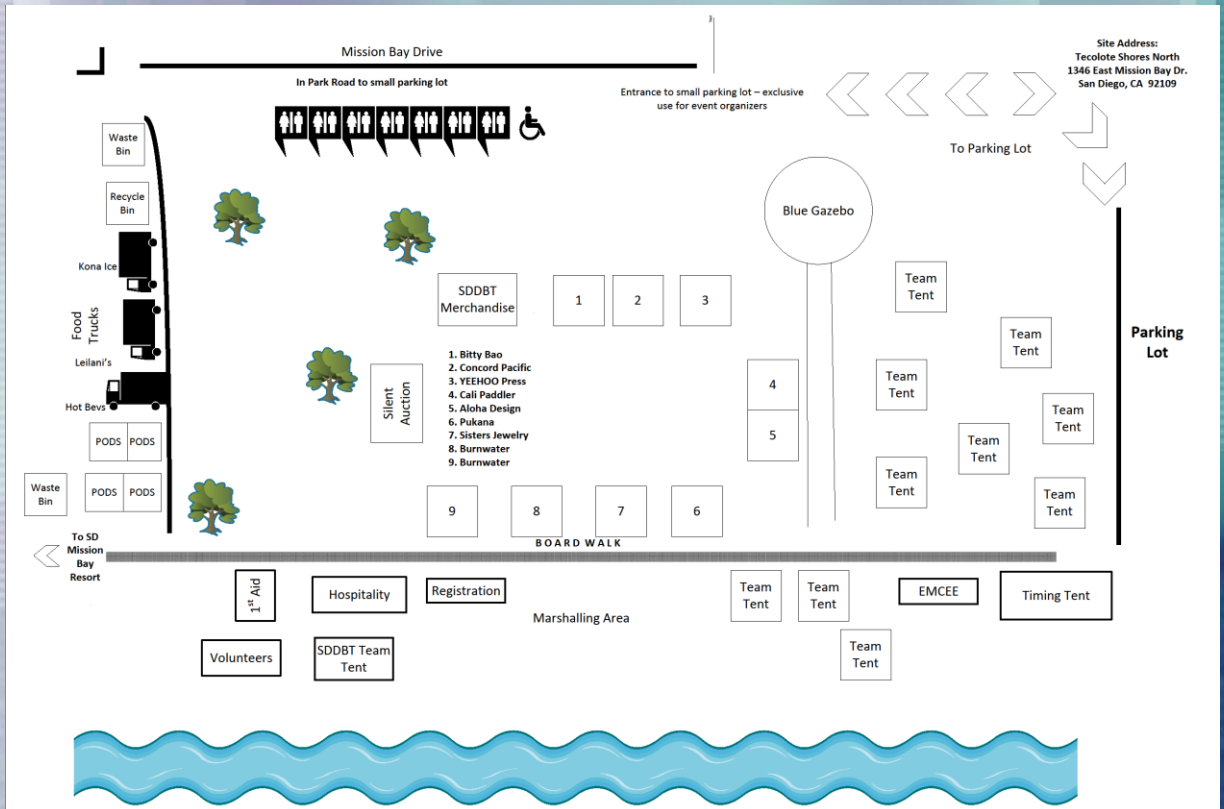
# Events of the Day

## Sunday, Oct. 1

Registration Desk:	6:30-7:30 am
Captain's Meeting:	7:15 am
Marshaling for Race #1 & #2:	7:40 am
First Race:	8:00 am
Vendor Village:	8:00 am-4:30 pm
BCS Ceremony:	10:00 am
Lunch Break:	12:30-12:50 pm
Afternoon Races Resume:	1:00 pm
Awards Ceremony:	4:15 pm

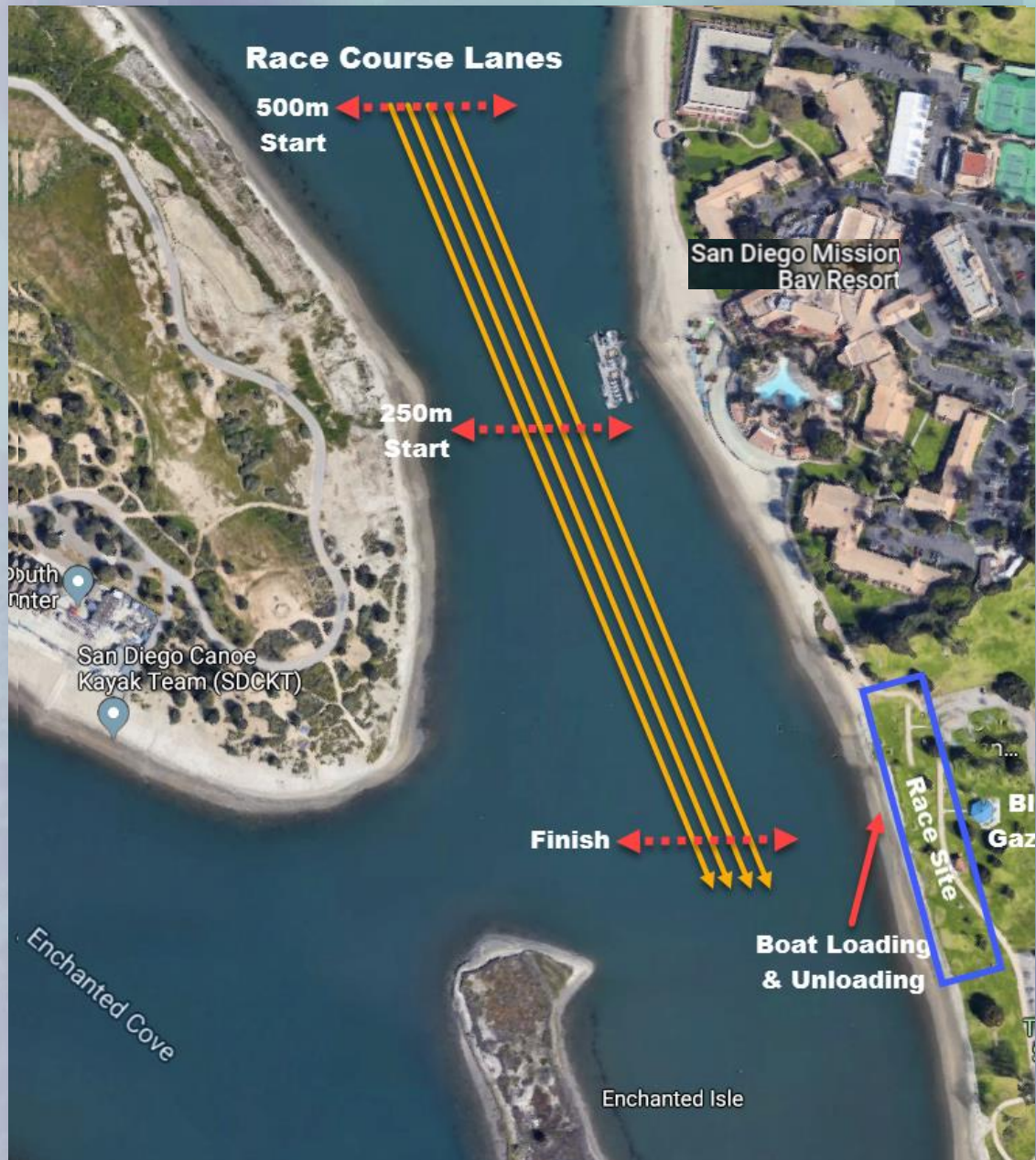
*\* Note that times may fluctuate slightly*

# Race Site





# Race Course

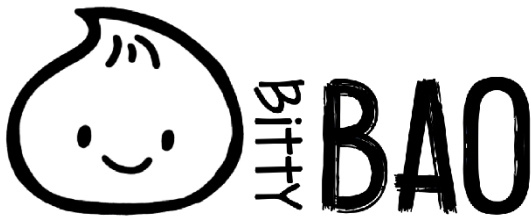


# Vendor Village



Custom canoe covers, paddle bags, and other handmade gifts of Aloha are made right here in San Diego. Protect your canoe with high-quality covers, available for OC-1, OC-2, OC-6, V-1, V-6, and surf skis. Paddle bags for dragon boat, outrigger, and SUP.

**AlohaDesigns.net**



**BittyBao.com**

Imagine this: two first-year teachers ended up being roommates, then friends, and then, when life takes them on different paths to becoming moms, they re-connect and created a really cool Southern California-based company. Bitty Bao puts the spotlight on Asian American culture and language with adorable Mandarin and Cantonese bilingual board books, Asian-inspired wooden toys, apparel, and other merch for the whole family.



# Vendor Village



Dedicated to the finest performance paddle gear in the world, including dragon boat paddles, clothing, bags, and accessories.

[Burnwater.com](http://Burnwater.com)



If you paddle, you get it!  
Lifestyle brand hats, jackets, t-shirts and more.

[CaliPaddler.com](http://CaliPaddler.com)



Line it up at the continent's flagship dragon boat festival in Vancouver next year. Visit the Concord Pacific Dragon Boat Festival tent to get info on next year's Festival, including registration and hotel information, and get set to face off against over 200 teams from around the world. Visit us on Facebook and Instagram at Dragon Boat BC.

[ConcordDragonBoatFestival.ca](http://ConcordDragonBoatFestival.ca)



# Vendor Village

Savor hot or iced Classics, blended bevs with fruits, 100% crushed fruit smoothies, blended lemonades, and Artisan “Teaze” like Blue Mango Beach, Caribbean Punch, and Blood Orange Hibiscus.

**HOT  
BEVS**  
COFFEE & TEA Co.



**HotBevs.Coffee**



Cool off and fuel up with shave ice, acai bowls, ice-blended drinks & more!

**Kona-Ice.com**

# Vendor Village



*Spreading Aloha,  
one plate at a time!*

Enjoy authentic Hawaiian dishes to fuel you up for a day of paddling at the San Diego International Dragon Boat Race. Then savor island flavors after the race at **Leilani's Café at 5109 Cass St. in Pacific Beach.**

**LeilanisCafe.com**

show me your  
**pūkana**

Our Pūkana clothing line is inspired by the Māori culture and people of New Zealand, Aotearoa. The word Pūkana is the innermost expression of Wairua (spirit) being released while performing the Māori Haka (war dance). Our unique Māori and Polynesian designs embody the warrior spirit and will bring out the Pūkana warrior in you. Established 2010.

**PUKANAFACE.COM**





# Vendor Village



Anabel Dollente is a Certified Massage Therapist and a Usui Reiki Master Teacher with 16 years of experience based in San Diego, CA. Funkshway Healing means "A person's natural rhythm or an instinctive beat for any given action." She provides a combination of Massage therapy and stretches to help you prevent injuries, increase your range of motion, and aid overall recovery.

**[FunkshwayHealing.com](http://FunkshwayHealing.com)**



# Vendor Village

*Sisters  
Jewelry Designs*

Classic Sea Glass Jewelry



Silver and 14K gold-filled jewelry designs include rings, earrings, necklaces, and bracelets – all created with surf-tumbled authentic sea glass.

[SistersJewelryDesigns.com](http://SistersJewelryDesigns.com)



YEEHOO  
PRESS

[YeehooPress.com](http://YeehooPress.com)

Yeehoo Corporation is devoted to crafting delightful, enchanting, and socially conscious children's books and products, bringing joy to readers and customers worldwide. The name, "Yeehoo", translates to "peaceful and harmony" from Chinese, reflecting a dedication to promoting harmony and well-being.



# Team Participants

## Central Coast SurviveOars

Central Coast SurviveOars, a program of the Central Coast Dragon Boat Association, has been supporting all people affected by cancer since 2008.



Through dragon boating, we provide a community rich in compassion, understanding, and support through exercise and racing opportunities in National and International competitions. On the waters of Morro Bay, we strive to enhance the health and well-being of any person affected by cancer. Our Dragon Boat community is open to all who wish to participate.

## Chicago Typhoon



Chicago Typhoon is a cultural organization in the Chicagoland area. You can find us paddling on the Chicago River and enjoying the downtown views. Teamwork transforms every stroke into a celebration of friendship and adventure on the water.



# Team Participants

## CYD



Courageous Youth Dragon Boat Team (CYD) is a youth dragon boat team created in San Diego. It started during the pandemic in the summer of 2021 as a kayaking club and grew into a dragon boating team with students from local middle schools and high schools around San Diego. We are a group of friends who share the same love of nature and passion for water sports. Dragon Boating emphasizes not only paddling skills, but

more importantly, enhances team collaboration. Our mission is to empower and train youth to become outstanding student athletes, to develop young leaders, and to cultivate a deeper appreciation for Asian/Pacific and other cultural heritages through team building.

## Dieselfish

## Electric Dragons



Electric Dragons is a year-round recreational dragon boat team. We seek to promote dragon boats by bringing together people interested in learning the sport, sharing cultural experiences, enjoying the spirit of competition, and having fun while enjoying the benefits of physical fitness. To learn more about our team, visit [ElectricDragonTeam.com](http://ElectricDragonTeam.com).

## EDP, INC.





# Team Participants

## HanoHano



Hanohano Outrigger Canoe Club was founded in January of 1981 by Egon and Rena Horcajo in Mission Bay, San Diego, California. The club was formed in order to unite men and women who share an interest in perpetuating and participating in Hawaiian outrigger canoe racing at its highest competitive level. The club encourages and promotes goodwill and sportsmanship among members. Today, Hanohano has proven

itself to be one of the more dynamic and winning clubs in Southern California. Competition and racing are of utmost importance to Hanohano, but doing one's best is the most important. This attitude is exemplified by all the hard work members do for the betterment of the club.

## Killer Guppies



Killer Guppies (KG) started in 1999 as a dragon boat festival team. The following year, KG became a year-round non-profit club run entirely by volunteers under the Southern California Dragon Boat Club (SCDBC). The club grew in size, skill and into a respected competitive team, but still maintains its roots as a club in which anybody and everybody can fit. United by our love of competition, travel, and fun, we look forward to competing at high levels of paddling and continue to push to be the strongest paddling team we can be.

# Team Participants

## KP Dragon Fit



KP Dragon Fit promotes Kaiser Permanente's commitment to total health in mind, body and spirit through the sport of dragon boat racing. Our team is committed to community service, sportsmanship, and camaraderie. We recognize the value of diversity while encouraging team members to develop fitness and unique strengths through teamwork.

## Knick Knack Paddle Whack

## LA Harbor Dragons



# Team Participants

## Lao Lanxang United



Team Lao Lanxang United represents Unity, Communities, and Friendship that make us strong, most powerful, and Unstoppable. Lao Lanxang United is an All-Stars Team. Paddlers were carefully selected from Mixed Lao Boat Festival Teams. United as one, we

are strong! United we are Fast! United we are Unstoppable! The literal definition of Lanxang is a million elephants, representing strength and power. The word United represents unity and strength in numbers, as we all come together from different winning teams to make one winning team to dominate.

## Let It Ride

Originating in Las Vegas, we rolled the dice and went all-in with our new team. Named for our three favorite words at the end of a strenuous set, “Let It Ride” is united by a love for dragon boating and a desire to support each other.

Racing for the first time in San Diego, our team is diverse in background and experience. Led by our coaches, Michelle and Ashanti, we have 20 years of experience guiding us. We look forward to strengthening the dragon boat community in Las Vegas, and for the festivals to come as we grow our competitive travel team.





# Team Participants

## Long Beach ReBelles

Established in 2020, the Long Beach ReBelles is an all women, all ability competitive dragon boat team led by a collaborative round of USDBA Level 1 Coaches– Jeannette Darrow, Nella Fronti, CJ Wainwright (Team USA Senior Women



Assistant Coach) and Mary Tran (Team USA ParaDragon Assistant Coach). The ReBelles started as a small team of SoCal women and grew to include members from San Diego, NorCal, Texas and Washington DC. With

paddlers from Adaptive teams, Team USA (ICF& IDBF) and various Outrigger teams of Southern California, the team is comprised of dedicated competitors and sport ambassadors working to create and provide opportunities for women paddlers within the Dragon Boat community at large.

# Team Participants

## Los Angeles Racing Dragons (LARD)

Los Angeles Racing Dragons (LARD) is a family of hardcore paddlers based out of Los Angeles, CA. LARD is comprised of people from a wide range of ages, occupations and backgrounds. What binds the team is our common passion for



the sport, our desire to see the team continue to improve and an interest to promote dragon boat racing. We are a non-profit tax-exempt organization 501(c)(3). In 2023, LARD will celebrate our 25th anniversary and we have the distinction of being one of the longest running dragon boat teams in the Los Angeles area. Find us at [laracingdragons.org](http://laracingdragons.org). Or better yet, join us on the water!

## MonGi



MonGi was created in 2017 when the Monsoon (Men's) Crew combined with the SunGi (Women's) Crew to form AZDBA's first premier mixed competitive team. While most of MonGi paddlers start out with a "mother team" and then hone their skill and strength through individual and team training, all AZDBA paddlers are encouraged to attend practices with the MonGi crew. While a particular paddler is not selected for the final race/festival roster, all paddlers are encouraged to continue to paddle with MonGi principles and to continue to build the culture and core of Arizona's premier paddling team.



# Team Participants

## Northrop Grumman Stealth Boat



Out of the offices and into the dragon boats, the Northrop Team has participated in the San Diego Dragon Boat Race for many years. We're a fun bunch having varying paddling experiences that seek to paddle hard and be competitive in this year's

corporate races. The members on our team come from all over Southern California to demonstrate the might of Northrop dragon boat team. Our motto is "Feel the Paddle, Feel the Water, Come on NG Stealth boat team, it's dragon boat paddling time. Woo-haw!"

## Northwind



Founded in 2015 in San Francisco, Northwind believes in giving its best and nothing less. Surrounded by like-minded athletes filled with dedication, determination and desire, Northwind looks to make each and every member the best paddler they can be on and off the water.



# Team Participants

## The OSOM Family



For over 35 years, Sekisui Diagnostics has been committed to providing innovative medical diagnostics to physicians and

laboratories. We develop, manufacture, and supply millions of tests each year to the global healthcare market. Our product lines include clinical chemistry and coagulation systems and reagents, point-of-care molecular, rapid tests

(One Step, One Minute – that's **Awesome!**) and immunoassay system as well as enzymes and specialty biochemicals. The OSOM Family is making its 5<sup>th</sup> appearance at the International Dragon Boat Race.

## Paddle Warriors



Since its inception, the team's purpose has been to challenge its members, as well as the status quo of the international sport of Dragon Boating. The discovery of strength, innovation, competition, and community is what makes the members of Paddle Warriors get out of bed every morning and put forth their absolute best. The sisterhood that has been created through this team and sport is indescribable and priceless!



# Team Participants

## Phoenix Fire Dragons



Phoenix Fire Dragons was born out of the ancient Chinese philosophy of Yin and Yang. Seemingly opposite characters – the Phoenix and the Dragon – are interconnected to form a whole greater than any separate part and rise up for the same goal, to become one team, one boat with one synchronized stroke. Comprised primarily of Arizona healthcare professionals, we come in all shapes and sizes; young to wise, and from different origins and life experiences. Despite our vast diversities, we have become deeply

interconnected, celebrating each member's unique contribution to the team. We believe this is what gives us our strength to push through . . . even at the last charge!

## Pink Phoenix



Pink Phoenix is more than a dragon boat team; it's a nonprofit organization where breast cancer survivors find strength and quality of life by paddling together and through the sisterhood of a breast cancer

survivors find strength and quality of life by paddling together and through the sisterhood of a breast cancer diagnosis. We are proud to represent Portland as its only breast cancer survivor (BCS) team since 1997 and are part of a sisterhood that has grown to more than 1100 BCS Dragon Boat teams in the world. All Breast cancer survivors are welcome to join Pink Phoenix regardless of age, ability or experience. We bring our warrior spirit and balance competition with fun.



# Team Participants

## Ready Set APACE



The Asian Pacific Alliance of County Employees (APACE) is one of the County of San Diego's employee resource groups. We are a non-profit organization dedicated to building a sense of community through celebrating Asian and Pacific Islander cultures. Our dragon boat team, "Ready, Set APACE," is excited for our third year competing at the San Diego International Dragon Boat Race! Please see more about us at <https://apacesd.weebly.com>.

## Rogue Paddling Club



Celebrating our 16th year competing in local and international races, Rogue Paddling Club (RPC) is a competitive Dragon Boat racing team dedicated to promoting our sport. We practice in Long Beach, California, under the direction of coaches Henry Kim and Tom Lord. Our members come from diverse backgrounds but share a common goal: to better ourselves and have a great time doing it! Paddles Up

# Team Participants

## RTX Paddle Pirates



The **RTX Paddle Pirates** are one of the most feared splash makers on calm waters. With our competitive spirit, unbridled enthusiasm, and unorthodox paddling prowess, we are the team to be reckoned with, or at least make some room for. Grunion fear us and jellyfish quiver at the mere mention of our name. Who are we – we're **R.P.P.!** Arrrrgh!

## San Diego Outrigger Canoe Club (SDOCC)



Through our backgrounds of Riverside and San Diego counties, we are a collection of dragon boat paddlers and outrigger canoe paddlers. For the San Diego Outrigger Canoe Club Dragon Boat Team, it's all about two distinctive paddling realms merging into one. Each of us has paddled at one time or another either on a dragon boat or in an outrigger canoe. And today, we paddle together as one, with open minds, calluses on our hands, butt blisters, and stories to share. In each race, we are in sync, when hearing the beat of the drum with paddlers stroking, water splashing, and hearts pumping as we breathe and move as one.



# Team Participants

## San Francisco Dragon Healers



Founded in 2005, San Francisco Dragon Healers is a competitive dragon boat team made up of Kaiser Permanente medical professionals and their friends and family. We enjoy adventure and have paddled in many exotic locations from the Peruvian Amazon to the canals of Venice.

## Seattle SAKE Paddling Club



Seattle SAKE Paddling Club was founded in 1996 as Seattle's first dragon boat club. We are currently Seattle's largest paddling club, with additional programs in outrigger canoe, SUP, and kayak. Our home is on Lake Washington in the heart of our thriving Emerald City. We are excited to visit San Diego and compete in friendship.

# Team Participants

## Sin City eNVy

Our team formed in 2015 when paddlers from a breast cancer team wanted to become more competitive. We have evolved over the years and have continued to recruit strong, like-minded men and women to enhance our team. As part of the Las Vegas dragon boating

community, our members race around the world with teams of varying skills and abilities. Our team is continually growing. We love to show our newest teammates what dragon boat racing is all about.



## SoCal Masters





# Team Participants

## Solar Dragons



The Dragon Boat Club is commissioned in 2012 Solar Dragons began as a casual interest group and turned into a powerhouse of diverse and highly motivated new and experienced men and women paddlers. Our strength lies in every one of our teammates' dedication to training, professionalism, and will to win! We paddle to realize our core values of "Integrity, Excellence, Teamwork, Commitment, and Sustainability" which is the force multiplier in our profession, our community, and our lives. We, Solar Dragons, are second to none!

## Team Nalu



The Nalu Neurostimulation Sensations team was formed in July 2023. We are a team of enthusiastic engineers who have never raced Dragon Boats before, but are really excited to try something new and have loads of fun!



# Team Participants

## Team Survivor San Diego



We are a group of fun loving, dedicated women of various ages, backgrounds, and athletic abilities who are Dragon Boaters. We are cancer survivors who share the same goals: to enhance our own

physical fitness and share the joys and benefits of dragon boating with all who are interested. Our program began in 2008 and we have benefited greatly from being one of several programs offered by Team Survivor San Diego.

To learn more, email us at [teamsurvivorsd@gmail.com](mailto:teamsurvivorsd@gmail.com). Or visit [TeamSurvivorSD.org](http://TeamSurvivorSD.org).

## UCI Elements

UCI Elements is a collegiate Dragon Boat team, going into its twenty-first year of establishment. Our team represents three elements: wind, for the drive that moves us forward; fire, for the competitive passion



that burns inside us; and thunder, for the energy we bring to every race. Our bring to every race. Our goals are to strive for greatness in every race we go to and create an inclusive and welcoming community for those in the paddling community. IRVINE STRONG!



# Team Participants

## UCSD Find Out



Find Out consists of 20 college students who are all from the UCSD Dragon Boat Team. Though only a portion of the team will be taking part in the San Diego race, the members are looking forward to yet another opportunity to spend some time on competitive water while celebrating Dragon Boat.

## X-Generals Dragon Boat Team

The X-Generals Dragon Boat Team is a competitive - recreational dragon boat racing team based in Long Beach, CA.



Formed in October 2003 as a continuation of the former General Bank Corporate Dragon Boat Team (thus the name "X-Generals"), our team is a diverse crew made up of people from all walks of life, who are looking to stay active, push their limits and be a part of an incredible community.

Thank you to our donors who helped make the  
12th Annual San Diego International Dragon  
Boat Race a great celebration!

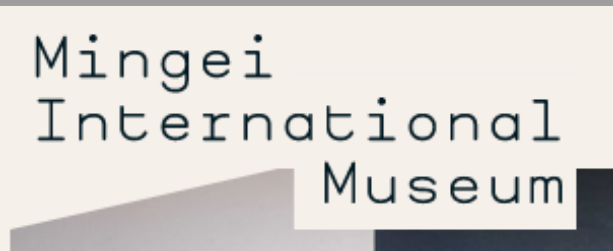
*Bid on gifts, services, and certificates from these donors and  
others at the **Silent Auction on Saturday!***



**Two admission tickets to visit during  
The Aquarium's 25th anniversary**

Southern California's largest Aquarium  
displays some 12,000 animals and more  
than 100 exhibits celebrating the planet's  
largest and most diverse body of water,  
the Pacific Ocean.

**[AquariumOfThePacific.org](http://AquariumOfThePacific.org)**



**Four admission tickets**

Mingei was founded in 1978 and  
presents works of folk art, craft,  
and design. The Museum has a  
rich history and commitment to  
furthering the understanding of the  
art of the people (*mingei*) from all

eras and cultures. Objects in the Collection reflect a joy in making, by hand, useful  
objects of timeless beauty that are satisfying to the human spirit.

**[Mingei.org](http://Mingei.org)**



# Thank You, Donors!

The logo for WNDR Museum, featuring the letters "WNDR" in a bold, white, sans-serif font on a black rectangular background.

## WNDR Museum San Diego

*Two admission tickets*

WNDR Museum is an interactive experience—a multi-sensory showcase of art and technology. The message is simple: We are all artists. And as artists, our visitors are more than passive onlookers. Whatever they do in our museum, IS art.

**WNDRMuseum.com**



## *Round of golf for two players*

Located in Oceanside, Emerald Isle Golf Course is an 18-hole course that stretching 2,452 yards for a par of 56.

**EmeraldIsleGolf.net**

Sandra Chong  
Malivan Durham  
Karen Jewel  
Molly Lam  
Barbara Lofland

Giovanna Gorman  
Susie McDonough  
Rick Miner  
Lisa Miner  
Linda Richardson

Thank you for participating in the 12th Annual San Diego International Dragon Boat Race which celebrates 40 years of dragon boating in San Diego!

# 40 YEARS ANNIVERSARY



*Do everything in your power to prepare yourself physically and mentally for a race, so that you are present for your team 100%. That is all that is asked.*